The

Employee Benefits Bulletin

June 2023
Volume 7 Issue 1

The Employee Benefits Office is here for you.

Email us at hrmbenefits@uno.edu

Or check out our website! Benefits Website

If you want to know more about your benefits, or the benefits that UNO employees have access to, visit our website and explore what we have available.

Benefits Website Guest Log in information:

Username: UNO

Password: Benefits1

In This Issue:

Premium Discounts .....*Page 2*
Access2day Health.....*Page 3*

Premium Discount Reminder!

Save $120 Annually on Your Health Insurance Premium!

If you're enrolled in a Blue Cross and Blue Shield of Louisiana health plan through OGB, you can save $120 annually ($10/month) by participating in the Live Better Louisiana wellness program.

The premium credit will take effect January 1, 2024.

2023 Live Better LA Clinics at UNO:

June 8th

July 24th

August 17th

August 24th

Where: University Center Rooms 204 & 206
When: 8:00am – 4:00pm

Live Better Louisiana

Earn your 2024 premium credit in just one step: by completing your preventive health checkup. Blue Cross works with an industry leader, Catapult Health, to bring preventive checkups to **a site near you**.

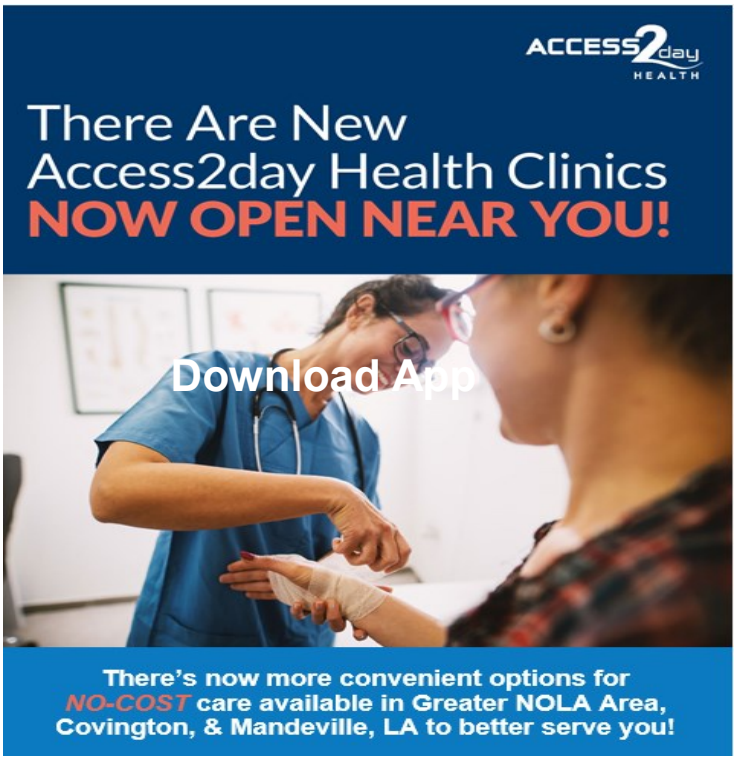
You can schedule a free checkup with a licensed nurse practitioner and health technician through the online scheduler. You'll get **lab-accurate diagnostic tests** and receive a full **Personal Health Report** with checkup results and recommendations.

What do you do?

Schedule your appointment online at **www.TimeConfirm.com/OGB** or call **1-877-841-3058**.

Complete your clinic to get the credit. If you are not able to go to a clinic, have your doctor fax a completed Primary Care Provider form, found at Live Better Louisiana | Office of Group Benefits , to Catapult Health.

Remember, you have until **September 29, 2023** to get your preventive health checkup in order to be eligible for the 2024 wellness credit!



Download App

Access2Day Clinic Finder on the App Store (apple.com)

Find My Clinic

Locations (access2dayhealth.com)

Watch this 90 Second Video to learn how to save $120 on your health insurance premiums!

https://access2dayhealth.com/catapult.php

Scan here to take our "90 second survey"

Need a membership card or have questions?
Call 800.797.9503 or visit the website.

Customer Service | 800.797.9503

access2dayhealth.com

Opening May 1:

In and Out Urgent Care
100 North Labarre Rd, Suite C
Metairie, LA 70001
504.827.1717
M–F, 8a–8p | Sat–Sun, 9a–5p
We treat patients 2 years and older.

Gretna Medical Center
315 Westbank Expressway
Gretna, LA 70053
504.364.1844
M–F, 8a–4p | Sat, 7a–3p | Sun, 8a–12p
We treat all children and adults.

In and Out Urgent Care
6225 South Claiborne Ave
New Orleans, LA 70125
504.864.8080
M–F, 7a–7p | Sat–Sun, 9a–5p
We treat patients 2 years and older.

In and Out Urgent Care
925 LA-59, Suite 400
Mandeville, LA 70448
985.951.2112
M–F, 7a–7p | Sat–Sun, 9a–5p
We treat patients 2 years and older.

In and Out Urgent Care
13130 Hwy 1085, Suite 100
Covington, LA 70433
985.809.8690
M–F 8a–8p | Sat–Sun, 9a–5p

No Copay

No Out-of-Pocket Expenses

No Appointment Necessary

Limited Wait Time

EMPOWER RETIREMENT

Dear Louisiana State Employees,

As your retirement is an essential part of your financial future, I wanted to remind you of the importance of regularly reviewing your retirement plan. Retirement planning can be complex, and it's important to make sure that your plan is on track to meet your financial goals.

With potential changes in your personal circumstances and in the economy, it's possible that your retirement plan needs to be adjusted. Reviewing your plan with me can help ensure that you are making the best decisions for your financial future.

As your local Retirement Plan Advisor, I can help you review your current plan, assess your needs, and make recommendation for adjustments that can help you achieve your goals. Likewise, I can help you navigate the complexities of retirement planning, including tax implications, estate planning, and investment options.

The link below can be utilized to schedule an appointment with me or simply call me directly at 504-247-5996.

To schedule an appointment with me online, visit Will Parrie Booking Site

Continuing in 2023 – Our team is excited to continue offering live webinars each month that will include information about the LA Deferred Compensation Plan as well as cover additional Financial Wellness topics. These sessions will be hosted by our Retirement Plan Advisors across the state and include a 30-45 minute presentation as well as time for questions/ answers. These webinars are a great opportunity for individuals to learn more about topics that are important to them and their financial goals. Please visit the links below to register for an upcoming event (new dates/times will be added regularly).

LA Deferred Compensation 457(b) Education Webinars:

New Employees

Retirement Readiness

Financial Wellness Webinars

Budgeting

Investing Basics

Navigating Market Volatility

Additional support is also available:

- Participant services @ 1-800-937-7604

Online @ www.LousianaDCP.com

Email our local LA Deferred Compensation team @ contact.lousianaplans@empower.com

Schedule a Virtual Meeting

with your

Voya Retirement Plan Representative

Shirl Darce – Voya Financial Advisors – 504-620-5589

Shirl.Darce@voyafa.com

Call or Email with your preferred day/time

2424 Edenborn Ave Suite 680
Metairie, LA 70001
T 504-620-5589 F 504-832-6192
E shirl.darce@voyafa.com

Investment Adviser Representative and Registered Representative of, and Securities and Investment Advisory Services offered through Voya Financial Advisors, Inc. (Member SIPC).
CN2817089_0425

PLAN | INVEST | PROTECT

Voya.com

VOYA FINANCIAL

FEDERAL CREDIT UNION

unofcu.org
504.280.6496

Attention UNOFCU Members
JOIN US for our 51st ANNUAL MEETING

TUESDAY
6.13.2023

Doors open at 4:00 PM

Meeting begins at

4:45 PM

PRIZES & REFRESHMENTS

Homer L. Hitt Alumni & Visitors Center Ballroom

Not a member yet? Stop by our Campus location in the Homer L. Hitt Alumni & Visitors Center.