Find help, right at your fingertips.

Via Link call 2-1-1 vialink.org

Crisis Text Line text 741-741 crisistextline.org

The Trevor Project

LGBTQ Youth Resource thetrevorproject.org

Get help anytime, anywhere

National Suicide Prevention Lifeline

call 1-800-273-8255 suicidepreventionlifeline.org

STAR, Sexual Trauma Awareness & Response

call 855-435-STAR star.ngo

Veterans Crisis Line

1-800-273-8255 veteranscrisisline.net

Find help, right here on campus.

Counseling Services

Available Monday through Friday 8 AM - 4:30 PM counserv.uno.edu | 504-280-6683 226 University Center

University Police

Available 24 hours a day upd.uno.edu | 504-280-6666 234 Computer Center

Find help outside of Counseling Services hours

The Metropolitan Crisis Response Team

(Orleans parish only) 24 Hour Crisis Line- 504-826-2675

Jefferson Parish Human Services Authority

(Jefferson parish only) 24- Hour Crisis Line 504.832.5123

